

# Roaring 40's October 2019



Official publication for Apex 40 Australia Inc  
Apex 40 Australia Inc is the recognized body of affiliated past Apexians groups

**BARGARA QLD**  
Welcomes Apex 40 Rorters

Tuesday 5th May to Sunday 10th May 2020

**Bundaberg**  
Southern Great Barrier Reef  
Queensland *Where great begins*  
[www.bundabergregion.org](http://www.bundabergregion.org)

**APEX 40 AUSTRALIA**

The banner features a beach scene with palm trees, a small Apex 40 Australia logo, and cartoon characters of a starfish and a turtle. Below the banner is an underwater photograph of a sea turtle swimming over a coral reef, with a person snorkeling nearby. A Bundaberg logo and another Apex 40 Australia logo are positioned at the bottom of the image.

## About Us.

# *For Continuing Fellowship*

Apex 40 Australia Inc. is not a Service Club, but an organisation formed to foster fellowship among past Apexians and their partners, and to retain the many friendships formed during their Apex years.

It also exists to assist Apex, when asked, and not to operate in opposition to Apex. It is open to past members and their partners, and also Ex-World Councilors who have retired from their respective organisations.

The Ideals of Apex were to provide a means of forming enduring friendships. So, do you remember the great friendships and fellowship you experienced as a member or partner of an Apex member? Why not continue those friendships and join Apex 40.

Some Apex 40 members decided to form sub-committees which are generally based around past or present Apex Club locations. These sub-committees may meet monthly or less regularly, but all with a view to maintaining and fostering friendships, and occasionally providing assistance to Apex Clubs.

Each year members from Apex 40 gather for a weekend to attend the Annual Convention known as 'The Rort'. During this weekend there is a brief interruption to the festivities to conduct the necessary formality of The Annual General Meeting. After the weekend is over the RORT is followed by Post-RORT tour which is a 4 or 5 day itinerary covering visits to areas surrounding the town hosting The Rort.

The socialising of individual members with each other, across the whole organisation, never ceases. When on an interstate holiday, for example, members invariably look up acquaintances and friends made during the Rorts. It is a huge social club, and fosters friendships between whole families.

There are currently about 35 active sub-committees, some with memberships in excess of 40, plus 14 'Members-at-large'. Members at Large are active members of Apex 40, living or travelling in areas where there is no Apex 40 sub-committees, or find it not practical to join an existing sub-committee, but still participate in our activities.

Membership is open to all past members of Apex, their partners and members of affiliated clubs.



A few SA tour photos lifted from Kevin Huxham's posts on the Apex 40's Facebook Group.



Exchanges of Association banners with several of the hosting clubs.



Tour group photo with great backdrop.



Final tour dinner.



Mandatory happy hour! Of course.



Mark and Peter at the tip of Africa.



They did see some wildlife between dinners and wineries!!!



President's Report

Julie Primmer, Sunraysia. Vic.

Hello everyone,

I hope not too many have suffered from the winter ills, and that we avoid the spring ones that tend to sneak up on us. I personally, haven't avoided the spring respiratory infection but it will be gone just in time for me to go to Perth in a couple of days. I am going to have a catch up with my travel girlfriends then go to Darwin to meet Gayl for some checking on plans for the 2021 Rort. We will be staying at the accommodation that is our preferred option so will test that out, although after looking at it our first time there, I'm sure it will be perfect.

Registrations for Bargara were coming in well but have slowed a bit now, as happens. We usually get an initial rush, it then slows down a bit, then closer to the time another lot will come in. Please remember that if you have booked accommodation but not registered yet, you need to complete this soon. It looks to be an interesting program that Kevin and Liz have planned for us; if you haven't really considered going, please do so. It is a great time together. Registration forms are in this magazine or on the website.

For the first time I was able to get to the mid-year annual gathering in Northern NSW of local members and Southern members on their holidays. It was a damp, cool day (locals would probably call it 'cold') but the companionship and fellowship was very warm. I really enjoyed being there and hope to be able to make it again.

Now I know this sounds a bit early but I presume there will not be another newsletter this year so I would like to wish all members and their families a very happy, joyous and safe Christmas and New Year.

Yours in Apex 40,

Julie.



Past President's Report

Bryan Spencer (Yvonne) MAL. WA.

Unfortunately there is nothing to report from the Vice President's desk.

It has been very quiet.

Bryan.



Secretary's Report

Col Ramsay Wynnum Manly. Q.

For some time now, we have had some small issues with emails where some on the Member Register were not receiving correspondence. In an attempt to overcome this, we are adding another bulk email program which, if all goes to plan, will correct this situation.

While on emails, I would ask that all Secretaries please check their respective member information and update me with any changes to email addresses. While on this path, please add any



missing Dates of Birth, particularly those of members over 75 as we require this information to ensure insurance cover.

Again, our membership numbers have continued to grow and we now have 762 financial members.

Numbers are steadily growing for Bargara and we now have 65 registered, an extremely good result what with the Rort still a few months away. If you have the desire to join us in Bargara, please register as early as possible, not only to get the discounted price, but also to assist Kevin in sorting out the venues and transport.

The Bargara Rort is on track to be a time for all to **“Continue the Fellowship”**.

YIA40,

Col Ramsay (Wynnum Manly)

National Secretary



Treasurer's Report

Keith Miller. Nepean. NSW.

Nothing to report at this time.



International Relations and  
Apex Liaison

Mark Carter. Leeton. NSW.

Hi All,

Well as the year draws to close this will be the last IR report until 2020.

As all of you will be aware the trip to South Africa has been and gone and thanks to Kevin for posting updates and photo's of our excursions and Round table/41 club meetings as well as the SA AGM. I would like to say that our bus driver "Albert" who is retiring in November after something like 30-40 years with the same company was an absolute gem and he has said that if we go next year he will come out of retirement and look after us, also our tour leader and incoming National President of club 41 SA in 2020, Nico was fantastic and possessed great knowledge of the history of SA and the region he showed us. Nico lives on the east side of SA so the tour next year will be based in his region. I might also say he held up remarkably well considering immediately prior to our 3 weeks he had the YAP's (youth ambassador programme) tour for 2 weeks and they were a group of 18-25 yo's from many parts of the world, at least with us he didn't have parenting duties as he described.

Those wanting to know more about the trip we did and what may be on the agenda for the first 3 weeks of September 2020 are best to talk to those of us who went. All I will say is that it was a fantastic trip, well organised and exceptional value for money.

Thanks to Paul of Club 41 GB&I for his organisation and Kevin from the aussie end.

Lastly on the IR list is the 30th anniversary of Club 41 Noumea 195. This event runs from the

5-10 inclusive of October 2020. Having attended their 25<sup>th</sup>. anniversary along with the Ryall's this is also an event not to be missed. The cost is \$A700 pp for the 6 days again representing great value for what is planned. There appears to be strong support for a group from Aus and will attract 41 club members from around the world.

I would ask that if you have a reasonably strong interest to let me know by email. More discussion will be had in Bargara.

In case you missed the email re the above, click on the link below for all the details.

Mark Carter

A40 IRO

<https://club41noumea195.wordpress.com/2019/05/11/30ath-anniversary-program/>



Webmaster.

Ken Wright. Nepean Valley. NSW.

Nothing has really happened in Apex 40 for Janice and I including the WEB, since Leeton.

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Membership Report

Mark Tramby, XEPA. Qld.



From the Editor's Desk

Bill Cramp, Redlands. Qld.

planned.

From the reports the tour group to South Africa with 41 Club members from UK was a great success and a new tour is being

We are approaching the festive season and I am sure most sub-committees are planning special activities. So, for the next edition of the Roaring 40's Magazine planned for January, take a couple of photos, jot down a brief report and send them to me for inclusion. Quite often interesting ideas are missed in the detail: great shows, movies, outings between meetings, after dinner speakers, which could enhance our social activities.

Yours in Apex 40,

Bill.

## Around the Sub-Committees New South Wales

Alstonville 740 kms north of Sydney

Byron Bay 760 kms north of Sydney

Blue Mountains Crest 100 kms west of Sydney

The “girls” enjoyed a lovely day in Sydney. They couldn’t have asked for nicer weather. The lunch spot was great and had the best show at the Opera House. All enjoyed West Side Story. Thanks to Anne for getting great seats. Lunch at TAFE is on the 7th of November.

Great 8 Hunter Valley 170 kms north of Sydney



Happy Christmas in July was the theme for the gathering.



Fun day cruising the lake, perfect weather, great company and food

November meeting will be an Observation Car Rally.

Inverell 560 kms north west of Sydney

Leeton 590 kms south west of Sydney

Things have been quite on the Leeton front for a while now but we are entering the last quarter of the year and a few things are on the move.

This Tuesday we will have Peter and Ann Ryall staying with us overnight on their way back from a short holiday touring around the Grampians in Victoria. It will be good to catch up with them, and the club has organised a meal at the Leeton hotel that night to welcome them back to Leeton.

The club will assist with the annual Light up Leeton festival in early December manning the donut machine for which we are always very busy having a line 30 metres long and usually sell out.

A number of our club members, Brendan O'Connell, Robert Gill, and Rob Guest have made their annual pilgrimage to Mount Panorama Bathurst camping at the track whilst Brendan's wife Karen and daughter Emma and a few others are glamping at a B&B. Hope the weather is good for them.

On October 25/26/27 there will be 15-20 club members travelling to Corowa for the weekend with an enjoyable itinerary planned, including a whiskey tasting at the recently opened Corowa whiskey and chocolate factory owned by the Druce family of Junee chocolate and Licorice factory fame. Thanks Brendan and Karen for organising this.

The annual Christmas party will again be held at Morundah Pub for obvious reasons on Sunday 24th November at 12 noon.

Club membership remains reasonably steady, however we are saddened by the passing of Abbey Clarke a short time back. We hope to see Jenny at our Christmas lunch at Morundah.

A number of us are looking forward to Bargara next year as we appear to have about 10-12 expressing strong interest at present.

So ends our club news and we wish all A40 members the very best heading towards the end of the year.

Mark

Leeton A40 sub-committee

Lismore 745 kms north of Sydney



Lismore Apex 40 away for a camping weekend at Evan's head NSW. Aviation museum and the history linking to the war time air strip and training facility here.

Manly 15 kms east of Sydney

Moree 640 kms north west of Sydney

Nepean Valley 60 kms west of Sydney

Wyong 100 kms north of Sydney



Monthly meetings at Lee Rowans Gardenworld



## Victoria

Bendigo 153 kms north of Melbourne

August newsletter opened with the invitation:

**"IT'S NOW TIME FOR US TO COME OUT OF HIBERNATION"**

Dandenong Valley 35 kms south of Melbourne

Geelong 73 kms south west of Melbourne

September guest speaker was Darby Munro, from the CoGG to talk about its Environment and Waste Management Services. In light of the recent collapse of SKM Waste Management and a flurry of Councils nationwide having to review their policies the subject would have been interesting.

October guest speakers are Dennis and Helene Livingstone from Blaze Aid.

Melbourne-Gippsland 40 kms east of Melbourne

Melbourne Nor-westers 22 kms north west of Melbourne

Souwest 270 kms south west of Melbourne

Sunraysia 546 kms north west of Melbourne



Sunraysia had a very pleasant lunch at the Edge Hotel, Buronga. Even signed up some new members.

## Queensland

Caloundra 103 kms north of Brisbane

Curtis Coast 530 kms north of Brisbane

Gold Coast.      80 kms south of Brisbane

The Gold Coast Sub-committee has been in operation for a number of years. We have now 26 financial members but we have been actively recruiting new members and we now have a substantial email database. Communication is now limited to email as the cost of postage is prohibitive.

We have lunches approximately 4 times a year. The venues that we have been to include Café 63 at Ross Evans Garden Centre, The Oasis Malay restaurant at Runaway Bay and Ashmore Road Seafood and Steak to mention just a few. We average about 30 to each luncheon.

Our most recent luncheon was the Surf Club Burleigh Heads. The menu was extensive and the cost was moderate. Weatherwise we had a perfect day; a perfect day "for continuing fellowship."



Hervey Bay      290 kms north of Brisbane

Maryborough      290 kms north of Brisbane

Redlands      35 kms south east of Brisbane

In July 18 members enjoyed a local amateur theatre production of Oklahoma. Following the success of this outing, we followed up with The Boy from Oz performance by the same group during October.



Our annual trip this year was a day tour to Toowoomba for the Carnival of Flowers Festival. 24 members joined with a local garden club to hire a bus for the day and employed a local guide to show us the best gardens. The displays were magnificent and considering the drought, unbelievable.



Next meeting will be hosted by Benfer family at their Mt. Cotton home with views of Moreton Bay and the bay islands. It will be our AGM, with no one clamoring for committee positions!

Wynnum Manly 20 kms east of Brisbane

XEPA Great South East 30 kms south east of Brisbane



Members meet for breakfast Sunday mornings at The Harvest Café, Victoria Point Lakeside.

## **South Australia**

Adelaide Hills 35 kms south east of Adelaide

## **Tasmania**

Devonport 255 kms north west of Hobart

Launceston 200 kms north of Hobart





# BARGARA 2020 RORT



Just four hours drive from Brisbane, Bargara is situated on the coastline of the Southern Great Barrier Reef and offers an idyllic beachside lifestyle.

10 minutes drive through cane fields is Bundaberg, which is rich with year-round fresh produce and iconic drinks. Enjoy a visit to the famous Bundaberg Rum Distillery or the Bundaberg Brewed Drinks Barrel, or discover the lush botanical gardens and beautiful main street. You are guaranteed to go home with a full tummy when you visit Australia's food bowl so make sure you explore the many cafes and eateries and stop at the roadside stalls bursting with fresh produce.



**What a perfect place for a RORT!**

## PROGRAMME

**Tuesday 5th May:** Time for Registrations at the Bargara Golf Club 120 Miller Street, Bargara, from around 4pm, followed by drinks and finger food.



**Wednesday 6th May:** Tours through Hinkler Aviation Museum, Fairymead House & Sugar Museum, self-guided tour through Hinkler's House 'Mon Repos', as well as a ride on the Australian Sugar Cane Railway, all in the Bundaberg Botanical Gardens, with morning tea, lunch and tea/coffee at Cafe 1928.



**Wednesday Afternoon:** Tour of Bargara Brewhouse with tasting paddles, finger food and pizzas, before returning to Bargara accommodation around 9pm.

**Thursday 7th May:** Tour and talk at IWC Bundaberg with Aunti Cheri. Morning Tea will be included at this stop. Then its off to one of Bundaberg's most famous attractions, the Bundaberg Rum Distillery, complete with tour and tastings, followed by lunch and coffee at the visitor's centre.



**After Lunch:** We take a Leisurely stroll through Alexander Park Zoo on the Burnett River, with a beverage!, followed by Free time in Sugarland Shopping Centre, or walk heritage buildings in main street.



**Early Dinner:** whilst in Bundaberg at RJ's Rock & Roll Diner, with drinks, dancing and entertainment, before returning to Bargara around 8.30pm - 9.00pm







### Friday 8th May:

Coach tour to Childers for a taste of old-world charm at the Paragon Theatre for morning tea and vintage cartoons. Free time to wander the main street with lunch at your choice and cost, at either bakeries, cafes, clubs or hotels. Entry included to the Backpackers Memorial Museum & Gallery, as well as the Military & Memorabilia Museum, then return to Bundaberg for a visit, tour and tastings at Kalki Moon Distillery.

Then onto the Elliott Heads Surf Club for a BBQ dinner. Catered by Elegant Events

### Saturday 9th May:

Visit and tour of the brand spanking new Mon Repos Turtle Centre, followed by a drive to the remnants of a 900,000 year old extinct volcano known as the Hummock Lookout for a brief stop. Then we proceed to Bundaberg for a Subway Platter on the Burnett River before proceeding to "The Waves Sports Club" for the AGM to commence at 1:30pm



**Saturday Evening:** after the AGM we will return to our accommodation to prepare for our last evening together at "The Waves Sports Club" for a night of fun and fellowship.



### Sunday 10th May - Farewell Breakfast

Farewell Breakfast catered for by the Apex Club of Bundaberg at a beachside park.

**\*\* Venues and times may change prior to the event!**



Apex 40 Australia gratefully acknowledges the assistance of Ellie Tonkin from Bundaberg Tourism. [www.bundabergregion.org](http://www.bundabergregion.org)

## ACCOMMODATION

### Bargarra Beach Caravan Park

25 Fred Courtice Avenue, Bargarra, Qld 4670  
[www.bargarabeachcaravanpark.com.au](http://www.bargarabeachcaravanpark.com.au)  
email: [stay@bargarabeachcaravanpark.com.au](mailto:stay@bargarabeachcaravanpark.com.au)  
Phone: 07 4159 2228

We have 35 powered sites and 15 cabins on hold. Just mention Apex 40 to receive a 10% discount or 7th night free.



**If accommodation is full at Bargarra Beach, Try -**

**Absolute Ocean Front Tourist Park**

**Address:**  
117 Woongarra  
Scenic Drive Bargarra.

**Tel: 07 4159 243**  
**[www.oceanfrontpark.com.au](http://www.oceanfrontpark.com.au)**



### Bargarra Blue Resort

4 Baxter Street, Bargarra, Qld 4670  
[www.bargarablue.com.au](http://www.bargarablue.com.au)  
email: [info@bargarablue.com.au](mailto:info@bargarablue.com.au)  
Phone: 07 4159 1691

Bargarra Blue has suites that have 2 Bedrooms and 2 Bathrooms or 3 Bedrooms and 2 Bathrooms for those who would share their accommodation with friends.



# BARGARA QLD

## Welcomes Apex 40 Rorters

**Tuesday 5th May to Sunday 10th May 2020**

*You can register using this form or Online.*

Mail this form:

2020 Apex 40 RORT  
PO Box 5204 Manly QLD 4179.

Online through the website: [www.apex40.com](http://www.apex40.com)

Rorter 1: First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Street Address: \_\_\_\_\_

Town / suburb: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Country: \_\_\_\_\_ Email: \_\_\_\_\_

Mobile Number: \_\_\_\_\_ Sub Group/ Mal or Org: \_\_\_\_\_

Rorter 2: First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Food allergies, mobility or other issues: \_\_\_\_\_

Arrival Date: \_\_\_\_\_ Departure Date: \_\_\_\_\_ Travel Method: \_\_\_\_\_

The RORT is from Tuesday 5th May to Sunday 10th May inclusive. Cost of RORT is \$380 per person when fully paid prior to 28th February 2020. After this date the cost is \$420 per person. Please book your accommodation at one of the sites listed under Accommodation.

Number of Rorters at \$ \_\_\_\_\_ per head: \_\_\_\_\_ Total full price for Rorters: \$ \_\_\_\_\_

Deposit Paid you are paying today: \$ \_\_\_\_\_ (Minimum \$100 per person)

RORT balance owing: \$ \_\_\_\_\_ (to be paid by 28th February 2020)

Please make cheques payable to: Apex 40 Australia Inc.

To make a direct deposits into the Apex 40 Account, the details are:

Westpac Holding Account, Apex 40 Australia Inc. BSB 034-053 Account 308856. *Please Note: This is a different account to last year.*

## ACCOMMODATION

*It is your responsibility to book your accommodation for the RORT. Please indicate where you will be staying.*

**Bargara Beach Caravan Park.**

25 Fred Courtice Avenue, Bargara, Qld 4670. Phone: 07 4159 2228  
[www.bargarabeachcaravanpark.com.au](http://www.bargarabeachcaravanpark.com.au). email

**Bargara Blue Resort .**

4 Baxter Street, Bargara, Qld 4670: Phone: 07 4159 1810  
[www.bargarablue.com.au](http://www.bargarablue.com.au) email: [fun@bargarablue.com.au](mailto:fun@bargarablue.com.au)

**Absolute Ocean Front Tourist**

117 Woongarra Drive Bargara, Qld 4670: Phone: 07 4159 2436  
[www.oceanfrontpark.com.au](http://www.oceanfrontpark.com.au) email: [oceanfront-park@bigpond.com](mailto:oceanfront-park@bigpond.com)



## 41 Club GB & I, Apex 40 South Africa 2019 Trip

The tour commenced in Cape Town on the 5<sup>th</sup> of September at the Lord Charles Hotel, the venue for the 41 Club Conference. Our tour group met in St Andrews Bar for Happy Hour, where we received our tour shirts and met up with fellow Aussies, members from U.K. and South Africa. Dinner venue was the Cattle Baron which is famous for its steaks.

The following day was spent on Robben Island where we had a 3 1/2 hour history tour of the island and toured the prison where Mandela was held. We made it back in time for Happy Hour at St Andrews Bar prior to boarding the shuttle to Somerset West Club 31, RT41 Club House for a lamb roast. The dress up theme was World Rugby.

7 September was a full day of the AGM where the ladies joined in until 10.30 when they departed for Lourensford Wine Estate for a wine and chocolate tasting which was followed by a lovely lunch. We were privileged to go to the Presidents Cocktail Party prior to the Gala Night, Presidents Banquet which was held at the Lord Charles Ballroom.

Saw some beautiful flowers on the Western Coast drive to our Farmhouse Hotel in Langebaan where we stayed for 2 nights. The following day we went to the lower Berg River, Velddrif and Bookom where we saw how they dried fish (mullet) and in the distance saw thousands of beautiful flamingos. Had a walk around Port Owen Marina and then off to Voorstrandt Restaurant by the sea, for lunch and a bottle of wine before returning to the Farmhouse Hotel. Somerset 41 Club hosted an evening meal (Braai) BBQ for us at the Langebaan Yacht Club which was a very short walk from our accommodation.

After breakfast we headed off the Allesverloven Winery and arrived at Aquila Safari and Spa in time for lunch and settle into our rooms. We had a 3 hour evening safari where we saw elephants, zebras, wildebeest, antelope, lions, ostrich, rhinos, elands, springbok and baboons. Next morning we were all booked in for an early morning safari. Although 5 of our group didn't make it and decided to have a sleep in. We were treated to great interaction between the giraffes, the wildebeest and the elephants. On our way to tonight's Leipzig Country House and Winery accommodation we went to Karoo Botanical Gardens where we spent some time walking around the gardens. This evening we were treated to another Braai this time it was hosted by the Worcester 68, 41 Club which was followed by shots and a singalong. The President's wife Adelle gave us books on saving Rhinos which was most informative.

Woke to a cooler 13 degrees with showers. Went to Willow Creek Olive Estate, in Nuy Valley, famous for Olive products, vinegar products and of course wines. Lunch was at Saggy Stone where craft beers were a speciality. The evening meal was at Leipzig Restaurant where we had the venue to ourselves for an elaborate dinner.

The next morning we drove along Route 62 which is the longest wine producing route in South Africa. Stopped and had a milk shake at Diesel and Cream (best ever). We called into Ronnie's Sex shop – not what you expect. We presented Ronnie with a pair signed undies, a Club 41 shirt, banners and business cards to add to his collection of wall to ceiling memorabilia. Tonight's accommodation was at The Queens, in Calitzdorp which is like a home away from home. A few of us walked to Boplass Winery and saw Ann, the singer we met last year. We dined at Karooboom Restaurant which was suggested by another 41 club member.

Drove along the Wilderness Route, Route 62 and stopped to enjoy a tour of an ostrich farm where we even saw a white ostrich. Then onto our accommodation at the Marriott at King George which overlooks a golf course. Our evening meal was hosted by the George 41 Club. First course was liver minced up, shaped & called tortoise followed by sausage, Kudu kebab and lamb and then ice-cream. We danced the night away.

The next day saw us in Knysna where we had a community tour of shanty town. Went to a church service and then onto Ella's house for morning tea and lunch. Ella has taken in 17 children, now ranging from 2 to 24 years of age, who have been mistreated and she has given them a home and ensured they receive an education. At 5pm we commenced our Sundowner cruise, which was very calm and we witnessed a great sunset.

We had a free morning so a few of the boys managed to get a game of golf while Albert our trusty driver took us to a laundromat. We toured the Outeniqua Railway Museum then had a train ride to Groot Brakrivier, where we lunched at OpiSpoor Pub and Grill. It was another way to view the countryside. The evening meal was at the Marriott. The following day we spent the morning at Bartolomeu Dias Museum at Mossel Bay and then lunched at Jackal on the Beach Eatery with Shirley Huxham, a friend of Kevin and Liz Huxham and the tour group. Drove onto Swellendam and stayed at Aan De Oever accommodation for one night. The evening meal was hosted by Swellendam Round Table and 41 Club members and consisted of a huge Braai.

The following morning saw 3 of our members enjoy a game of golf while the rest of us had an opportunity to explore the town with its historical buildings. Had a beautiful a la carte lunch, overlooking a stream, at La Belle Alliance Restaurant. Our accommodation was on the waterfront at Arniston Spa Hotel with complimentary wine and sherry in our room. We had a 2 course meal in the hotel's restaurant.

Next morning drove to Cape Agulhas where the Indian Ocean meets the Atlantic Ocean which is the most southerly point in South Africa. Walked around the foreshore and some of our group went into the lighthouse. Went onto the Black Oyster Catcher Winery and Restaurant for lunch where some of our group had the opportunity to do a craft beer sampling. Our night's accommodation was at The Windsor Lodge at Hermanus where we failed to see any whales as it was too cold. Apparently the whale festival was about 5 days later and the whales turned up in time for that. This evening's meal was hosted by Paarl 41'ers at their Club House. We had sausages and snook (a very special large fish) with lots of salads and bread with apricot jam.

The next day headed to Stellenbosch for 4 nights before we fly home. At Stony Point we were able to get very close by walking along the allocated paths to the Seabird Breeding Colony (mainly penguins) to get a better viewing. We had an excellent seafood lunch at the Ocean Basket Restaurant. Drove onto the Cheetah Encounter Experience where we were able to pat a cheetah. Arrived at De Zalze Lodge accommodation which has its own winery and golf course and dined at the lodge's restaurant.

As Table Mountain was closed due to predicted rain, we headed to The Huguenot Monument, then had time to go to the markets and walk around the town. Our next stop was Franschhoek Motor Museum which interested most of the men. The ladies opted to sit in the lounge, sip wine and catch up emails from home. As it was raining, we stayed and had lunch in the museum café. Drove onto Delheim Estate Wines and had an official wine tasting and education on wines, as if we needed it. The evening meal was at a Spanish Restaurant.

Next day the weather was cold but fine so we were off to Table Mountain to get the cable car to the top. It was very cold with a freezing wind but it was great to have the opportunity to do one of the walks. Afterwards went to the Fireman's Arms Hotel to watch the 2<sup>nd</sup> half of the World Cup Rugby

between England and Tonga where we were able to have lunch. Went onto the V and A Waterfront for another group photo and were able to spend 2 1/2 hours walk around the area and do some exploring. Our last day we left at 9am for a scenic tour around Simon's Town. Went to Simon Groot Constantia Museum, walked around the markets and the foreshore where large seals were playing in the water. On a recommendation we lunched at the Salty Dog Restaurant which is famous for its seafood. We finished the day with a complimentary wine tasting at De Zalze Lodge. We had a lovely farewell dinner, great fine session, and fantastic fellowship was had by all.

We have to give thanks to our superb driver, Albert, who so kindly drove us around for the 3 weeks. We would like to thank all 41 members who were kind enough to meet with us and host our group. Again we are totally indebted to 41 club member, Nico McNamara, who accompanied us the whole time during this wonderful trip. He ensured we didn't stray and were kept safe. Thank you to Paul Ankcorn from Great Britain, and Nico from South Africa for organising a fantastic tour. Many thanks for the great memories and looking forward to the South African Trip in September 2020.

Thanks to Mary Bach for this report.



Apex News. (Snippets from the July edition of the Apexian.)

Current plans have been announced to include a new memorial for the “Afghanistan Victoria Cross Memorial” within Valour Park. The new memorial is expected to be ready prior to ANZAC Day 2020.

The Afghanistan Victoria Cross recipients to be commemorated are:

- Trooper Mark G Donaldson VC, 2 September 2008
- Corporal Benjamin Roberts-Smith VC MG, 11 June 2010 □
- Corporal Daniel Alan Keighran VC, 24 August 2010
- Corporal Cameron Stewart Baird VC MG (posthumously), 13 February 2014

**Valour Park is a special place to reflect upon the sacrifices the few have made for the many.**

***Club News***

***Chinchilla***

“Found” during a recent trip to a Toowoomba Apex Club Meeting - The Dinner Bell from Injune Apex Club

***Roma***

Apex Roma hosted the bar at the recent Roma Redneck Mud Racing Derby. Great afternoon of fun, and an exceptional fundraiser for the local Apex Club. Just north of \$1,800 was raised for an afternoon’s work helping out a fellow local club.

***Milton Ulladulla Apex launch Apex Dads Group - the Fathering Project***

Last month the Milton Ulladulla Club brought together families across their community to initiate their local community Dad’s Group. Joining the Club to inspire and equip fathers and father figures to engage with their kids, and bringing better outcomes for our kids and our community, three local schools have joined forces to create a community Dads Group

***Dowerin***

THEY say Australia’s agricultural industry has a strong story to tell. Combine that with 55 years of history and it’s safe to say the Dowerin GWN7 Machinery Field Days could tell you a yarn or two. The local Apex club run the onsite bar and according to bar manager Paul Millsted, the club owes a lot to the field days.

*The Association Project for 2018/19 (that wrapped up in October 2018), being that Apex Clubs would create awareness and raise funds for the Prostate Cancer Foundation through ‘Biggest Ever Blokes Lunches’ (BEBL) saw over \$120,000 raised through Apex and its networks.*

*The Association Project for 2019/20; being to raise awareness and \$40,000 for the Apex Magic Castle in its 40th year and having had supported approx. 40,000 children, it should be achievable.*

## THE MAGIC CASTLE CELEBRATES 40 YEARS

John Barilaro, Deputy Premier, New South Wales.

“Over the weekend I was honoured to join in on the celebrations marking 40 years since the Apex Children’s Chalet, also known as the Magic Castle, opened its doors. Located at Smiggins Holes, the Chalet has brought countless smiles to the faces of around 40,000 sick and disadvantaged children over the past four decades.

I also want to say a huge thank you to the volunteers from the Apex Foundation Ltd, who not only built the beautiful Chalet, but continue to give up countless hours looking after and managing it.

At the party I announced a \$20,000 birthday gift so the volunteers can continue to make dreams happen.

The Magic Castle is a truly special place!”



## Apex Foundation News

The fourth unit of the Apex Copper Coast Retreats at Wallaroo in South Australia are now complete. All funds raised by the Apex Outback Postie Bike Ride since 2011 have been vested with the Apex Foundation for the establishment of the Apex Copper Coast Retreats.

Proudly, on 5 April 2019, the Apex Foundation Autism Trust had partnered with the Civilians and Widows Trust and Necessitous Trust to purchase a brand new minivan for a new education programme for teenagers with Autism on the central coast of NSW.

## International Groups News

Nothing to report at this time.

Keep sending in your pictures, club notices and general stories of interest so they can be shared with the rest of the Apex 40 community through our *Roaring 40's* publication.



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FACEBOOK: <https://www.facebook.com/groups/1543334949270004/>  
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Name badges (\$10), Lapel Badges (\$10) and Apex 40 Sticker (\$4), including postage can be obtained through the National Apex 40 Secretary.

Always ring or email first to check availability or any postage cost changes.

